



DEVELOPING FINE MOTOR SKILLS IN AGES 5-8



THE PROGRAM:

Happy Hands Fit Fingers' aims to build fine motor skills in preparation for schooling and everyday activities. The group will build muscle tone, in hand manipulation skills and task execution whilst also building upon their group work skills.

An optional resource pack can be purchased to support further learning.

SKILLS TARGETED:

- Being able to pick up and manipulate small objects in their hands
- Confidently using scissors and to cut shapes accurately
- Increasing hand and finger strength
- Practice coordinating left and right hands when doing tasks.
- Provide opportunities for working in a group setting
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DETAILS:

Starting Date: July 23, 2024

Time: 2-3pm

Frequency: Weekly for 5 Sessions + 1 Report

Ages: 4-6

Therapists: Tessa

Location: Bundoora Clinic



Please contact our clinic to receive a service agreement with pricing information.

