



THE PROGRAM:

'Happy Hands, Fit Fingers' aims to promote fine motor skill development to help with everyday tasks. The group includes a range of fun game-based and table top tasks that work towards building muscle tone, in hand manipulation skills and task execution whilst also building upon their group work skills.

SKILLS TARGETED:

- Build muscle tone, in hand manipulation skills, and task execution
- Increase hand and finger strength
- Confidently use scissors and improve accuracy
- Practice coordinating left and right hands together and separately when doing tasks.
- Provide opportunities for working in a group setting

DETAILS:

Time: Daytime program (during school hours)

Frequency: 5 Sessions + 1 Report

Ages: 4-7

Location: Bundoora Clinic

Please contact our clinic to receive a service agreement with pricing information.

