



THE CONTENDERS

EQUIPPING TEENS TO NAVIGATE A SOCIAL WORLD

THE PROGRAM:

The Contenders group is aimed at boys aged 11+ and helps to equip them on navigating the social world around them.

The sessions will explore team building exercises, conversational skills, confidence building, friendship skills, building empathy, accepting diversity and much more.

A great group to make new connections and learn lots of great skills.

SKILLS TARGETED:

- Team Work
- Communication
- Active Listening
- Problem Solving

DETAILS:

Time: 4pm - 5pm

Frequency: 5 sessions + report

Ages: 11+

Location: Bundoora Clinic

Please contact our clinic to receive a service agreement with pricing information.

