



Thoughtful THINKERS

THE PROGRAM:

This program is designed to help children build self-awareness, perspective taking and social problem-solving skills.

SKILLS TARGETED:

- Develop confidence to participate in group activities.
- Develop skills to be more observant of others, the environment and what's happening.
- Develop awareness of personal space when around others.
- Develop listening skills to have meaningful interactions.
- Develop awareness of thoughts, feelings, and behaviours to help make choices in play and interactions.

DETAILS:

Starting Date: July 1st, 2024

Time: 11:15am - 12:15pm

Frequency: Daily for 5 sessions + 1 report

Ages: 4 - 7

Therapists: Carly & Elise

Location: Bundoora clinic

Please contact our clinic to receive a service agreement with pricing information.

