



## THE PROGRAM:

Sens-ational Stars is a fun and interactive group program designed for parents/caregivers and their children to connect through hands-on sensory experiences. Led by experienced Occupational Therapists, this group explores the sensory systems through play-based activities and creative crafts. Together, families will learn about their child's sensory preferences and how to support regulation and connection at home.

## SKILLS TARGETED:

- Explore and activate different sensory systems.
- Build stronger parent-child connections through shared experiences.
- Engage in creative, playful activities that support development and self-awareness.
- Learn regulation tools in a supportive group setting
- Promote open communication around preferences, comfort, and needs.

## DETAILS:

**Day:** Thursday

**Time:** 4pm-5pm

**Frequency:** 5 fortnightly sessions

**Ages:** 6-8 or 9+ years

**Location:** Bundoora Clinic

Please contact our clinic to receive a service agreement with pricing information.

