



## THE PROGRAM:

This group is designed for children who are fussy eaters, and will support the creation of a positive relationship with people and food, whilst making food fun! Sessions will include sensory and food play with children of similar ages.

A parent/carer will be invited to join in with the program and receive parent education support, helping create a better understanding of your child's sensory processing and its impacts to eating, and support the creation and implementation of a mealtime routine.

## SKILLS TARGETED:

- Develop stronger relationships between child and food
- Develop skills for eating
- Develop parents understanding toward child's fussy eating
- Develop parents understanding of play-based therapy for feeding challenges
- Develop child's routines at mealtimes
- Develop family connections and positive experiences at mealtimes

## DETAILS:

**Starting Date:** 16 July 2024  
**Time:** 3-4pm  
**Frequency:** Weekly for 10 weeks + 1 report  
**Ages:** 5-8  
**Therapists:** TBC  
**Location:** Bundoora clinic

**Please contact our clinic to receive a service agreement with pricing information.**

